

**WELCOME TO THE SHC COMMUNITY!**

**STRIVING** to become productive members of society without drugs and alcohol.

**PROVIDING** multidisciplinary case management addressing the individual's strengths, needs, abilities and preferences.

**EDUCATING** individuals, families and communities about substance abuse and treatment services.

**CULTIVATING** a family atmosphere that encourages success in attaining one's goals.

**TEACHING** self respect and respect for others.

**RESPONSIBILITY** for one's actions is the first step in recovery.

**UNITING** people with clinically appropriate treatment providers--*You cannot do it alone, let us guide you.*

**MAINTAINING** an environment that fosters wellness and a healthy lifestyle.

LICENSED AND FUNDED BY NEW JERSEY  
DEPARTMENT OF HUMAN SERVICES,  
DIVISION OF MENTAL HEALTH & ADDICTION SERVICES  
(DMHAS)

**PROUD CARF ACCREDITED AGENCY**



**COMMITTED TO EQUAL OPPORTUNITY EMPLOYMENT**

**BUSINESS HOURS**

**MONDAY – FRIDAY 6AM - 3PM**

**INTAKE HOURS**

**MONDAY – FRIDAY 7AM - 12PM  
1PM - 3PM**

**DISPENSING HOURS**

**MONDAY – FRIDAY 6AM - 12PM  
1PM - 3PM**

**SATURDAY 7AM - 10AM**

**SUNDAY 7AM - 10AM**

**HOLIDAYS 7AM - 10AM**

IF YOU HAVE QUESTIONS ABOUT SHC TREATMENT SERVICES OR  
OTHER PUBLIC INQUIRIES,  
PLEASE CONTACT US AT ANYTIME:

**SHC MESSAGE CENTER  
201-451-2544**

IF YOU NEED TO SPEAK WITH SHC TO REPORT AN EMERGENCY  
MATTER, OUTSIDE OF ROUTINE HOURS:

**SHC EMERGENCY CONTACT  
551-200-0400**

FOR MORE ABOUT SHC SERVICES,  
PLEASE VISIT OUR WEBSITE:  
**[www.spectruminc.org](http://www.spectruminc.org)**

SHC IS A HILL-BURTON FACILITY OFFERING  
“MEDICAL CARE FOR THOSE WHO CANNOT AFFORD TO PAY”  
PLEASE CONTACT SHC BILLING SERVICES FOR ELIGIBILITY CRITERIA



**SPECTRUM HEALTH CARE, INC.**

74-80 Pacific Avenue  
Jersey City, NJ 07304  
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Fax (201) 451-5404 / (201) 860-7864  
**[www.spectruminc.org](http://www.spectruminc.org)**



ABOUT **S**PECTRUM **H**EALTH **C**ARE, INC.

Spectrum Health Care, Inc. is a private, non-profit, CARF accredited agency funded by the New Jersey Department of Human Services, Division of Mental Health & Addiction Services (DMHAS). Located in Jersey City and serving residents of Hudson County, SHC provides a complete range of coordinated opioid treatment services in a professional and dynamic outpatient care setting.

SHC's mission is to provide comprehensive opioid therapy to those seeking treatment, in and around Hudson County, without separation from family, community and employment.

SHC's philosophy supports culturally competent care through quality service delivery in an ongoing effort to support the recovery efforts of all those seeking treatment.

SHC's values guide our committed and qualified staff in caring for the challenges, needs and goals of all those engaged in our treatment services.

SHC's service approach is based upon medically sound, field recognized and accepted practices supported by research and evidence-based practices regarding the use of opioid treatment. SHC offers short-term (30 day) detoxification services as well as Methadone Maintenance services.

SHC's program offers a service continuum providing assessment, evaluation, and diagnosis; medical consultations; individual and group counseling; co-occurring needs; medication management; pharmacotherapy; drug screenings and referral services.

SHC's person- and family-centered services, orientation, treatment and transitional planning are conducted in order to provide individualized care based upon an individual's strengths, needs, abilities and preferences.

SHC offers and provides referrals to support services, including but not limited to: legal; educational; vocational; healthcare; mental health; housing; financial assistance; life span issues; domestic violence; abuse issues (victim, perpetrator,

child, elder); parenting skills; family reunification; family counseling; advocacy groups; self-help groups; recovery and wellness.

SHC's professional team advocates for the elimination of discrimination and stigma too often associated with substance abusers. SHC ensures equal access to treatment for all adult persons in need regardless of race, ethnicity, gender, age, sexual orientation and financial means.

Since 1984, SHC has served as the voice of recovery for our community. Over the years, SHC has been a local and statewide catalyst for change and growth to promote the well-being of those affected by substance abuse as well as the advancement of those professionals dedicated to this field.

SHC strives to bring respect, healing and integrity to those we serve and are grateful to be a successful and accessible source for recovery and renewal for this community!

### ***SHC SPECIALIZED SERVICES***

SHC provides comprehensive care and offers specialized services based upon your needs. Services may be provided directly or through referral to appropriate community resources. Medical, mental health care, housing, vocational, educational, legal aid, family and social support needs are addressed.

#### **HIV SERVICES**

#### **WOMEN'S SERVICES**

#### **MENTAL HEALTH SERVICES**

#### **METHADONE INTENSIVE OUTPATIENT SERVICES (MIOP)**

#### **BILINGUAL SERVICES**

#### **COMMUNITY COLLABORATION & ADVOCACY**

### ***OPIOID TREATMENT SERVICES***

#### **OPIOID PHARMACOTHERAPY**

- DETOXIFICATION (30 DAY PROGRAM)
- METHADONE MAINTENANCE

#### **SCREENING**

#### **INTAKE**

#### **ORIENTATION**

#### **ASSESSMENT**

#### **TREATMENT PLANNING**

#### **TRANSITION PLANNING**

#### **COUNSELING**

- INDIVIDUAL
- GROUP
- FAMILY CONSULTATION
- GENDER SPECIFIC

#### **CASE MANAGEMENT**

#### **MENTAL HEALTH CARE / CO-OCCURRING SERVICES**

#### **CRISIS INTERVENTION**

#### **REFERRALS TO COMMUNITY RESOURCES**

#### **EDUCATION -- SUBSTANCE USE, ABUSE & TREATMENT**

#### **HEALTH MONITORING & MANAGEMENT**

- PHYSICAL EXAMINATION & LAB WORK
- COMMUNITY HEALTH CARE COORDINATION

#### **HIV COUNSELING & TESTING**

- ACTIVE CASE MANAGEMENT
- EARLY INTERVENTION PROGRAM (EIP)

#### **HEPATITIS AWARENESS**

#### **TOXICOLOGY SCREENINGS**

#### **FOCUS AREAS**

- WOMEN'S ISSUES
- PREGNANCY
- DOMESTIC VIOLENCE
- SEXUAL ABUSE
- PARENTING & RELATIONSHIP SKILLS
- LIFE SKILLS
- GENERAL HEALTH ISSUES
- CO-OCCURRING DISORDERS
- FAMILY INVOLVEMENT
- VOCATIONAL & EDUCATIONAL PLANNING
- WELLNESS EDUCATION
- RECOVERY ZONE STABILIZATION